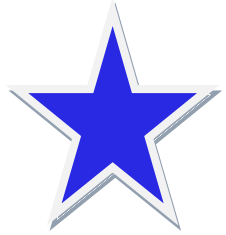




# WOOD RIVER DUATHLON



*Saturday, August 11, 2018*

*7:00 AM Start Time*

## Wood River Round House

670 Whitelaw, Wood River, Illinois

*wrparks.org*

Entry Fee: \$45.00 per individual      \$90 per team of 2  
Register online @ [www.fleetfeetswebsite.com](http://www.fleetfeetswebsite.com)

**NO RACE DAY SIGN-UPS WILL BE ALLOWED**  
**No refunds will be given**

### *Timing By FLEET FEET Sports*

The course will consist of running 6 miles, biking 12 miles and running 2 miles through a nice residential area of Wood River. Early race packet pickup will be available Friday, August 10, 2018 from 8am-5pm otherwise your race packet will be handed out the day of the race. There will be a bike safety inspection on the morning of the race at the Bandstand. Regulation helmets are required. Awards will be handed out for the top 3 male and female finishers in the following age divisions: 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64. Awards will be handed out for the first male and female finishers in the following age divisions: 65-69 & 70+. The overall winner for male and female will receive awards. Awards will be handed out for the top team (team of 2). Your entry fee will include a souvenir T-shirt and complimentary breakfast. For more information or if you have questions, please contact the **Wood River Park & Recreation Department at (618) 251-3130, or e-mail at [office@wrparks.org](mailto:office@wrparks.org)** Check in time starts at 6:00 am.

Please make checks payable to: **City of Wood River**

**DEADLINE FOR ENTRY IS August, 1<sup>st</sup>, 2018**

**NO CHANGES NO EXCEPTIONS**

### Registration Application

Name: \_\_\_\_\_ Shirt Size: S M L XL XXL Gender: M/ F

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_ Email \_\_\_\_\_

### Waiver, Release, and Indemnification Form

In consideration of the acceptance of my entry in the Wood River Duathlon:

1. I hereby agree to comply with all rules and regulations and event instructions of the Wood River Duathlon and its Supporting Organization members.
2. For myself, my executors, administrators, heirs, and next of kin, I hereby
  - (a) Waiver and release any and all claims that I may have against the Wood River Duathlon, its Supporting Organizations, their officers, directors, members, volunteers, employees, and the municipality of Wood River, including any and all claims for damage caused by the negligence of any of them, arising out of my participation in the event and its related activities together with any cost including attorney's fees that may be incurred as a result of any such claim whether valid or not and:
  - (b) Indemnify and hold harmless the releases and each of them against any such claim that I or my guests or many one or more of my or their executors, administrators, heirs, or next of kin may have or assert and against any costs including attorneys fees with respect thereto.
3. I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during the Wood River Duathlon event and related activities.
4. I hereby acknowledge that participation in the Wood River Duathlon competition carries with it potential hazard. I therefore release the Wood River Duathlon and its Supporting Organizations, their officers, directors, members, volunteers, employees, agent and the municipality of Wood River of any liability in the event of injury or death during the event.
5. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that a licensed medical doctor has verified my physical condition.

I hereby consent to receiving medical treatment, which may be deemed advisable in the event of injury, accident, or illness during the Wood River Duathlon.

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_